



PARENT INFORMATION LETTER

2022-2023 Season

Mission Statement:

To improve volleyball skills for volleyball players in the North Georgia, Chattanooga and surrounding areas at the middle and high school levels. To promote competitive teams while exposing players to college recruiters and open up opportunities for players to play the game they love at the collegiate level.

Expectations:

We want to WIN but our main focus is to expose the girls to a higher level of play so they will progress in the game of volleyball. *There are 2 ways to become better volleyball players, watch it and play it.* A player can be on an average club team and still get better as a player because of the competition they compete against.

Adrenaline Founder:

Lisa White-Davis founded Georgia Adrenaline Volleyball Club (GAVC) in 2011 which was 12 years ago this season. The GAVC Director has played high school, college and club volleyball, is a former U.S. Olympian, and has coached club volleyball for 17 years total. The GAVC Director and ALL GAVC Coaching Staff are COMMITTED to giving your child a better opportunity of learning and playing the game of volleyball. The GAVC Director's contact information is as follows:

Lisa White-Davis > (423) 320-5470, lwhitedavis44@gmail.com

Teams:

We are going into our 12th season as a select travel volleyball club and we want to continue to manage and maintain ALL our teams appropriately. Our short-term goal is to have as many manageable teams as our coaching staff will allow, addressing all age groups. Our long-term goal

is to assist and direct your player in becoming the best all around volleyball player while providing her opportunity to get exposure by colleges to play at the next level if that goal is desired by the player. Our club goal is to maintain a positive reputation within the community while having successful volleyball teams on the court. In addition, and for the older group, the goal is to assist and advocate for as many high school athletes that desire to play at the collegiate level.

Age Groups:

The ages that qualify for club are ages 10-18, however 12-year-old age division is the youngest team age at the club level. Adrenaline's goal is to address a 12's age group team but all age level teams truly depend on the population that shows up for tryouts. The cutoff date for age groups is July 1, 2023. Your child will play on the age group based on the age they are on the above date. If deemed appropriate, they can be younger and play up in age. The GAVC Director is an advocate for challenging players and reserves the right to move players up in age if there is parent approval and it is deemed appropriate ability wise.

Club Volleyball Season:

Once GAVC Teams are picked, practices will begin within 1-2 weeks provided that no barriers such as Coaches' schedules and practice facility availability arise. Tournaments usually start in early January and go through the end of April. GAVC will practice a minimal of 2 times a week. However, holidays and holiday travel will be taken into consideration. GAVC Coaching Staff reserves the right to have an additional practice throughout club season if there is gym availability and open gym practices may arise but not mandatory.

Planned Practices:

ALL practices will be pre-planned to use the gym time most effectively. The goal is to keep our practices locally based on the team population, number of teams, and identified practice facilities. GAVC Coaches can choose to have CLOSED practices if appropriate for their team but do not have to. The attention of the players needs to be a focus at practices and if parents are a distraction factor, the GAVC Director will step in to provide help and support. We are currently working with several local churches and gyms to secure practice locations. Due to COVID-19 continuing to be a factor, we are limited on practice locations at this time so the location will depend on age group and availability. The goal is to keep practice locations local in the Chattanooga and North Georgia areas such as Harrison, East Brainerd, Brainerd, Ringgold, Fort Oglethorpe, etc. However, this will depend on which Adrenaline team your daughter is on and gym availability.

Player Commitment:

School/Church activities are a commitment and we at Adrenaline encourage that involvement in your daughter's life. However, club volleyball is a commitment as well and with club season being

as long as it is, club volleyball needs to be a priority. If you know that your daughter cannot consistently be committed to her Adrenaline volleyball team, please know that playing time will be affected. Excessive absences from practices and tournaments also affect the progress and success of the entire team. Communication with GAVC Coaching Staff is HUGE. If at any point you are not happy with Adrenaline and your daughter makes the unfortunate choice to quit her team, there will be NO REFUND. Adrenaline practices a NO REFUND POLICY and, in the event, that a world epidemic occurs as did in March, 2020, there will be NO REFUNDS for club fees. The choice to play club volleyball is an important decision that affects both your daughter and your family and needs to be well thought out before choosing to commit to playing for an Adrenaline team.

Tournaments:

Home tournaments are played in Chattanooga, Cleveland, and Dalton. These are not always tournaments that GAVC hosts, just opportunities to play in front of a home crowd. The goal is for each Adrenaline team to play a minimum of 2 times per month, depending on tournament availability. The most common tournament format is a 2-day tournament, Saturday and Sunday. Most of the National Qualifier Tournaments are a 3-day format and most 1-day tournaments are for the younger age groups. Adrenaline will pay for up to 8 tournaments and schedules will be based on tournament and Coaching Staff availability. Regional Tournament at the end of season is OPTIONAL. However, if the GAVC Director feels the team needs the Regional experience and can be competitive and the Coaching Staff is available, parents will be asked to pay for that tournament. This is not taken out the \$1000 fee.

Travel:

Travel to tournaments is usually up to 2 hours in distance. There are instances where tournaments may be a little more time in travel but this will be communicated with the GAVC Parents and approved by the GAVC Director. 1-day tournaments occur on Saturdays and 2-day tournaments occur on Saturday/Sunday. All 3-day National Qualifier Tournaments will have to be approved by the GAVC Director and occur either Friday-Sunday, or Saturday-Monday. If a National Qualifier Tournament is considered, a parent meeting with that individual team will occur to get feedback from all involved before a decision to attend is made.

Cost:

If your child makes an Adrenaline team, her fee is \$1000. This fee covers insurance, tournaments, practice facility rentals, and coaches' pay. Additional Adrenaline Bundle Apparel will be an additional cost and required for your player. Fundraisers and sponsorships are always welcomed. A sponsor can be for an individual player, GAVC Team, or a donation to the entire club. All sponsorship and fundraiser considerations need to be approved by the GAVC Director.

Deadline for Fees:

The fee for GAVC can be made in 1-2 installments. AT LEAST half of the \$1000 is due by December 1, 2022 and the FULL payment is due by January 1, 2023. Parents that choose to pay the full amount will need to pay it by December 1, 2022. Tournaments usually go live December 1, 2022 and we ask that as our first deadline date because without money, tournaments cannot be secured. GAVC Director Lisa White-Davis is handling ALL money issues if there are any questions.

Parent Information:

There will be a parent informational meeting on

- **Wednesday, October 5th, @ 6:30 pm (6216 Perimeter Drive, Chattanooga, TN 37421)**

ALL are welcome but this meeting is mainly for players that have either NEVER played Club Volleyball or NEW to Adrenaline Volleyball Club.

2022-2023 Tryouts will be as follows:

14 & under > **Sunday, October 16th 2:00-5:00pm**

15 & 16 > **Saturday October 22nd 12:00-3:00pm**

17 & 18 > **Sunday October 23rd 2:00-5:00pm**

Both Tryout ages are at **Brainerd United Methodist Church Gym (4315 Brainerd Rd Chattanooga, TN 37411)**

Tryout Fee **\$50 (includes T-Shirt)**

If you have any additional questions, please contact the GAVC Director, Lisa White-Davis. A lot of our information is on our website: georgiaadrenalinevolleyballclub.com. I want to personally thank you for trusting your children with me and the GAVC Coaching Staff. It is truly an HONOR to meet you and help your child grow in the game of volleyball.

"Unless you try to do something beyond what you have already mastered, you will NEVER grow!"

Michael Jordan

Lisa White-Davis, GAVC Director

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